

# A Whole Population Approach: Patient Segments in Child Health

Integrated care is often built around patient pathways. In stratifying children and young people we strongly advocate a 'whole population' approach, where 6 broad patient 'segments' can be identified:

## Healthy child

- *Advice & prevention* eg: Immunisation / Mental well-being / Healthy eating / Exercise / Dental health

## Child with social needs

- eg: Safeguarding issues / Self-harm / Substance misuse / Complex family & schooling issues / Looked after children

## Child with complex health needs

- eg: Severe neurodisability / Down's syndrome / Multiple food allergies / Child on long-term ventilation

## Child with single long-term condition

- eg: Depression / Constipation / Diabetes / Coeliac Disease / Asthma / Eczema / Nephrotic syndrome

## Acutely mild-to-moderately unwell child

- eg: Upper respiratory tract infection / Viral croup / Otitis media / Tonsillitis / Uncomplicated pneumonia

## Acutely severely unwell child

- eg: Trauma / Head injury / Surgical emergency / Meningitis / Sepsis / Drug overdose