Annual BSPAR Trainees’ Meeting
Newcastle upon Tyne 2017

Thursday 19th & Friday 20th January
(Annual progression interviews for Grid Trainees Wednesday 18th January)
Meeting Venue:
The Research Beehive, Old Library Building, Newcastle University, Newcastle upon Tyne, NE1 7RU
Aims
This two-day meeting is aimed at National Grid Trainees in Paediatric Rheumatology. However, we warmly welcome all trainees, at any stage of training, who are interested in paediatric rheumatology (no previous experience required). The meeting provides an excellent opportunity to find out more about this speciality, with opportunities to informally meet current trainees on the Grid and other trainees with a paediatric rheumatology interest.

Meeting highlights
* Periodic fever
* Overview of BMT and a route from rheumatology
* Research in Paediatric rheumatology
* Qualitative research techniques
* Use of Thermography
* Educational supervision & the role of a new consultant
* Paediatric rheumatology overseas
* Renal involvement in Vasculitis
* An informal social event on Thursday evening!

Programme timings

<table>
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<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>Wed</td>
<td>18th Jan</td>
<td>1100-18.00</td>
<td>Annual progression interviews for current GRID trainees only</td>
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<td>Thurs</td>
<td>19th Jan</td>
<td>09.00-17.00</td>
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<td>19.30 onwards</td>
<td>Informal Social Dinner - The Botanist</td>
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<td>Fri</td>
<td>20th Jan</td>
<td>09.00-15.30</td>
<td>Meeting day 2</td>
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Provisional programme attached as separate document

Note: The Annual Progression Interviews on Wed 18th Jan will take place in the Child Development Centre (CDC) at The Great North Children’s Hospital. This is on the ground floor of the hospital very close to the main entrance. We will meet in the Costa seating area and direct you where to go at the time of your interview.

The main meeting on Thurs 19th + Fri 20th Jan will take place in the Research Beehive, which is not in the hospital but in the university grounds.
Travelling to Newcastle

The meeting will be held at:

The Research Beehive, Old Library Building, Newcastle University, Newcastle upon Tyne, NE1 7RU

The Newcastle University campus is in the centre of Newcastle upon Tyne adjacent to the Great North Children’s Hospital and Royal Victoria Infirmary (RVI). It is easily accessible on foot from either Newcastle Central (train) Station (15 min walk) or Haymarket Metro station (5 minute walk). Access by car is via the A1.

By car - The University is based in the city centre. From the North or South follow the A1 towards Newcastle. Leave the A1 at the junction with the A167/A696 and follow signs for ‘City Centre’. From the A167 take the exit marked ‘Universities, RVI and Eldon Square’, which brings you on to Claremont Road. From the West follow the A69 to the junction with the A1, and then take the A1 northbound. Leave the A1 at the next junction, signposted ‘City (West), Westerhope B6324’. Follow signs for ‘City Centre A167’. Leave at the exit marked ‘Universities, RVI and Eldon Square’, which brings you on to Claremont Road.

Parking is limited and can be expensive. The public car parks on Claremont Road (NE2 4AA) and the hospital multi-storey on Queen Victoria Road (NE1 4LP) are the closest to the campus. City centre NCP car parks are located on John Dobson Street (NE1 8HL), New Bridge Street (NE1 8AB) and Carliol Square (NE1 6UF).

By train - From Newcastle Central Station you can either walk through the city to the University (15 minutes but uphill some of the way) or take the Metro to Haymarket which is a less than 5 minute walk to the venue.

By Air - Newcastle International Airport is about 7 miles north west of the city centre. There are various direct internal flights from around the country. The airport is accessible using the Metro. A taxi will take around 15 minutes.

By Metro - The Metro is a light rail system that connects passengers to the city centre, train station and airport. Haymarket is the nearest stop to the University. Parking is available at some of the stations outside of the city centre and can be a cheaper alternative for those planning to drive.
Accommodation

There are many hotels to choose from within easy walking distance & you may find better offers than those below. We haven’t tried & tested these hotels and prices may change depending on the time of booking. You could consider staying at a hotel near one of the Metro stations or airport as a cheaper alternative.


- **Holiday Inn Express Newcastle City Centre** - Waterloo Square, St James Boulevard, Newcastle upon Tyne, NE1 4DN, 22 minute walk, from £49 per night. [https://www.ihg.com/holidayinnexpress/hotels/gb/en/newcastle-upon-tyne/ncljb/hoteldetail?qRef=sr&qDest=Newcastle%2C+United+Kingdom&qRpn=1&qChld=0&qSrt=sBR&qShp=1&qSmP=3&qIta=99502222&qGRM=0&qLng=-1.61499&qRdU=1&qRms=1&srb_u=1&qAdlt=1&qPSt=0&qFRA=1&qLat=54.976382&qRssrt=rt&qRad=30&qRpp=20&qBrs=6c.hi.ex.cp.in.sb.cw.ul.vn.ki&qWch=0](https://www.ihg.com/holidayinnexpress/hotels/gb/en/newcastle-upon-tyne/ncljb/hoteldetail?qRef=sr&qDest=Newcastle%2C+United+Kingdom&qRpn=1&qChld=0&qSrt=sBR&qShp=1&qSmP=3&qIta=99502222&qGRM=0&qLng=-1.61499&qRdU=1&qRms=1&srb_u=1&qAdlt=1&qPSt=0&qFRA=1&qLat=54.976382&qRssrt=rt&qRad=30&qRpp=20&qBrs=6c.hi.ex.cp.in.sb.cw.ul.vn.ki&qWch=0)

- **Newcastle Central Travelodge** - Forster Street, Quayside, NE1 2NH, 27 minute walk, from £30 per night. [http://www.travelodge.co.uk/hotels/214/Newcastle-Central-hotel](http://www.travelodge.co.uk/hotels/214/Newcastle-Central-hotel)

- **Premier Inn Newcastle City Centre (The Gate)** - 95 Newgate Street, NE1 5RF, 17 minute walk, from £32 per night. [www.premierinn.com](http://www.premierinn.com)

- **Sandman Signature Hotel** - Gallowgate, NE1 4SD, 16 minute walk, from £69 per night. [www.sandmanssignature.co.uk/find-hotels/newcastle/](http://www.sandmanssignature.co.uk/find-hotels/newcastle/)

Social events

**Wednesday 18th Jan** - For those attending the CPI interviews and anyone else who has already arrived on Wednesday, we are planning on going out for some dinner at 7.30pm to El Coto, a tapas restaurant in Newcastle very near the Great North Children’s Hospital. The selection menus are generally good value. Please let us know if you want to come on the attached application form as we will need to book.

El Coto Newcastle, 21 Leazes Park Road, Newcastle upon Tyne, NE1 4PF. [www.elcoto.co.uk](http://www.elcoto.co.uk). For menus please see [www.elcoto.co.uk/wp-content/uploads/2016/09/A4-Selection-Menu-El-Coto-4-or-more.pdf](http://www.elcoto.co.uk/wp-content/uploads/2016/09/A4-Selection-Menu-El-Coto-4-or-more.pdf)

**Thursday 19th Jan** - This informal social event is included in the course price. We will be going for dinner at 7.30pm to The Botanist, a restaurant in the centre of Newcastle, very close to Monument metro station. Please indicate on the application form if you want to come as we will again need to book.

The Botanist Newcastle, Monument Mall, Newcastle upon Tyne, NE1 5AU. [www.thebotanist.uk.com/location/Newcastle](http://www.thebotanist.uk.com/location/Newcastle). For menu please see [www.thebotanist.uk.com/menus/newcastle](http://www.thebotanist.uk.com/menus/newcastle)
Application

Please fill in the application form below & send it with a cheque in the post to us. Please can you also email us when you send it so we can check it reaches my pigeonhole safely!

### Application Form – Annual BSPAR Trainees’ Meeting 2017

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I would like to go out for a meal on Wednesday 18th January Yes/No

I would like to attend the meeting on Thursday 19th and Friday 20th January Yes/No

I would like to attend the social event on Thursday 19th January Yes/No

Special dietary requirements/allergies ...................................................

We have obtained some sponsorship to subsidise the meeting.
The fee will be £50 (includes daily refreshments, lunches & Thursday dinner).
Please make cheques payable to: The British Society for Rheumatology

Please return your application form via post ASAP but definitely by December 20th 2016 and drop us an email to let us know it’s on its way:

samdeepak99@gmail.com OR ema.long@nhs.net

Dr Sam Deepak & Dr Ema-Louise Long
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Department of Paediatric Rheumatology,
Great North Children’s Hospital,
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